



BALFOLK.PL
FESTIVAL



To find the best connections, we recommend:
<https://jakdojade.pl/>

You can also buy tickets via this app.

By car: Use the address provided above. There is a free car park next to the venue, but we cannot guarantee that there will be a place for everyone.

Children

Children and minors under 18 years of age can take part in the festival upon their guardian's written consent and should be accompanied by an adult.

Tickets for the children under 12 will be available for free at the entrance to the festival. We still need to track the amount of people inside.

Rules

<https://www.festival.balfolk.pl/festival-rules/>

FRIDAY

room 14

18:00 **Asia Kuran**
Introduction to Balfolk workshop

MAINSTAGE

OPENSTAGE

19:00 Duo L'Hêtre Heureux

20:45 Šakar Makar Solo

21:30 Duo Du Balcon

00:00 Fahrenheit

01:45 Session

SATURDAY

	room 14	Main Stage	room 207
11:30	Tim Croes Building safe dance spaces and communities	Magdalena Kulanek Polish dances – Oberki	
14:00	Alexandre Sallet En Avant-Deux! How to square off in Brittany		Tim Croes & Dominika Do you want to have a ... dance with me? No – Yes – Maybe
16:30	Giovanni Paladini i Nadia Scaggion Take off! A journey from the dancefloor through space		Olivier Gribouille Joining a session as a musician/ desacralizing the session

	MAINSTAGE	OPENSTAGE
18:30		Igrce
19:15	Wings & Tales	
20:45		Driadi
21:45	ZiRP	
00:15	Ti Duo	
01:30	Session	

SUNDAY

	room 14	Main Stage
11:00	Remi Kesteman The Groove! Music, patterns, and all that jazz...	Youmi Bazoge Dances of South-West France
13:30	Magdalena Dąbrowska Dance Fuel	

	MAINSTAGE	OPENSTAGE
16:00	Light Migrations	
18:00		Rogue Bard
18:30	Bargainatt	
20:30		Feather and Fox
21:15	Lucas Thébaut	
22:30	Session	

TAKE OFF! A JOURNEY FROM THE DANCEFLOOR THROUGH SPACE

(Saturday 16:30, room 14)

Dlin, Dlon! These are your pilots, Giovanni and Nadia speaking. Get yourselves ready to jump aboard a flight to explore the space around you. During our time together we will firstly focus on ourselves and how we interact with the dance floor. Then we'll try matching energy with others, and lastly we'll connect all the people present to enjoy dancing in new ways.

Fasten your seatbelts, get ready for "Take off"!

EN AVANT-DEUX!

How to square off in Brittany

(Saturday 14:00, room 14)

This workshop, led by accordion player extraordinaire: Alexandre Sallet, will rock you off your feet with some crazy action in some of the coolest dances of Brittany!

Come discover some iconic Breton dances, like the ever-popular “avant-deux d’Ancenis”, also known as “avant-deux de travers”, the incredibly fun “avant-deux Nord Ile-et-Vilaine”, in the style of “Bazouges”, the “Pilé menu”, the “Rond de Loudéac” and the always-so-specific “Ridée de Josselin”.

By the end of the workshop, you’ll even know how to pronounce all of those fancy French names!

The Groove! Music, patterns, and all that jazz...

Thinking melody & rhythm in dances

(Sunday 11:00, room 14)

In this workshop, we will work on breaking down the elements of dance and music — like tiny lego pieces — to further enrich our array of moves and improvisation possibilities. We'll go from working with melodies and musical structures (the bases of musicality) to feeling and identifying rhythms and blend them together in advanced uses (off beats, polyrhythms, and so on).

— Whatever the mind can think and conceive, the body can achieve.

Dos and don'ts: "Bear" necessities: ears, limbs, an open mind, experience with couple dances in balfolk. You won't need: a partner, musical skills comparable only to Mozart.

The Teacher: Remi Kesteman has been dancing for as long as he can remember, and balfolk specifically since 2006. Born in Belgium, adopted by Portugal, his many backgrounds allow him to quickly connect with a variety of different cultures, which he believes is the essence of balfolk.

His teaching methods are fed by a number of activities: from dance and music to the martial and the performing arts.

Remi has taught in several festivals, including Andanças, Tradanças (PT), Gennetines (FR), Prague Balfolk Immersion (CZ), Boombal, ComSibal (BE), Cadansa (NL), Lovembal, Balfolk.pl (PL), Venezia Balla (IT), among others.

He's also a founding member of the groups Fahrenheit (2019) and Duo Zmôz (2020).

Do you want to have a ... dance with me?

No – Yes – Maybe

(Saturday 14:00, room 207)

How to create your perfect dance: More intimacy, less intimacy, more fun, more energy, less energy, ... All with a strong focus on consent. Full of exercises that make you better at giving or receiving a no (or a hell yes!)

Building safe dance spaces and communities

(Saturday 11:30, room 14)

An introduction workshop for organizers on how to make your event a safe space: How to handle consent issues, how to prevent consent issues, how to empower yourself and others and what is Restorative Justice. The format is not a debate, but a presentation with a brainstorm and exercises.

Joining a session as a musician/desacralizing the session – Olivier Gribouille

(Saturday 16:30, room 207)

You are learning an instrument and you want to join the sessions ? This workshop is for you. Together we are gonna explore the unwritten rules of bal folk session.

Are the sessions the same as an accordeonist or as a percussionist ? Can I be part of the session even if I forgot my instrument ? Am I welcome even if I am a very beginner (spoiler: of course yes !) ? Come and get to know the answers to these questions (and many more)!

The session is a door of experimentation, a way to improve the hearing skills as well as a place to meet other musicians. It's also a place for exchanging our experiences and struggles in session.

We will play, but not only (about 50% playing and 50% discussion).

Feel free to join or listen.

Olivier is a musician playing in the duo and solo l'Hêtre Heureux, and in jam sessions since 2015. He sees the session as an open door to discover folk music and a first step to play with others.

“Dance Fuel” workshop — taught by Magdalena Dąbrowska

(Sunday 13:30, room 207)

The workshop is intended for dancers who want to develop their creativity, musicality and work on interpreting movement to dance “as close as possible” to the music, to feel comfortable with various styles. You will learn how to build your dances more intentionally. You will find out how to work on good technique (there will be some information on anatomy for dancers), develop awareness of your body and be creative with your partner. We will experiment with musical elements (rhythm, dynamics, tempo, articulation), interpret them and discover their influence on our movement and connection with our partner. The workshop is not intended for beginners, as a good knowledge of partner dance and ease of changing roles between leading and following will be necessary.

Dances of South-West France, taught by Youmi Bazoge, violinist at Bargainatt

(Sunday 11:00, main stage)

Passionate about traditional and popular dances, Youmi has been learning and practicing French regional dances and more recent folk dances during workshops and balls since her childhood.

During this workshop, she will offer an introduction to Bal Limousine, a regional dance from Poitou, and Branle d'Ossau, a dance from the south-west of France.

A knowledge of the basic steps linked to the energy of dance and music will be offered as well as an approach to body awareness in dance and of the group in the ballroom.

The workshop will be accompanied by live music from other members of Bargainatt.